

# North Crawford Breakfast Menu 2017-18

Week	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Scrambled Eggs Toast w/ Jelly	Strawberry or Grape PBJ	Egg & Sausage English Muffin Sandwich	Blueberry Yogurt Parfait with Granola Graham Crackers	Waffles with Strawberries & Whipped Topping
Week 2	Breakfast Pizza	Whole Grain Cake Donut Raspberry & Cherry Yogurt	Strawberry Cream Cheese Mini Bagel	Maple Turkey Pancake Wraps	Apple or Cherry Fruit Frudel
Week 3	Egg & Cheese Omelet Banana Muffin	Eggs & Hash Brown Breakfast Bowl Toast	Blueberry Bread Strawberry Yogurt	Sausage Gravy & Biscuit	Waffles with Strawberries & Whipped Topping

**PRICES:**  
Breakfast - \$1.10  
Reduced - Free



**FREE/REDUCED PRICE MEAL**

**APPLICATIONS:**  
Available at:  
1. School Office  
2. School Website  
3. Skyward Family Access  
\*Applications may be submitted at any time during the school year

**MILK**  
A choice of low-fat white or non-fat chocolate or white milk is offered with each meal.

**CEREAL**  
A variety of whole grain breakfast cereals with an additional grain or meat/meat alternate is also available daily.

**FRUIT**  
A variety of fresh, canned & frozen fruits will be served daily.

**GRAINS**  
All grains served are whole grains.

**JUICE**  
A choice of 100% juice is offered with each meal.

## THREE ways to purchase meals:

### 1. ONLINE PAYMENTS:

Log into your Skyward Family Access Portal and make payments with your credit card. A 3% fee from the credit card company applies.

### 2. CHECKS:

Make checks payable to North Crawford School District and bring to the elementary or middle/high school office.

### 3. CASH:

Cash may be brought to the elementary or middle/high school office.



Menu is subject to change based on availability of products.

## What's for breakfast today?

Follow the color coded calendar for our 3 week menu cycle.

Mo	Tu	We	Th	Fr
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28		

Mo	Tu	We	Th	Fr
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

Mo	Tu	We	Th	Fr
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				

Mo	Tu	We	Th	Fr
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

Mo	Tu	We	Th	Fr
				1
4	5	6	7	8